

# Gluten Free Menu



## Appetizers

- Octopus**— Grilled to perfection and finished with olive oil, capers, and oregano. 11.95
- Smoked Atlantic Salmon**— Cold-smoked Nova Scotia salmon served with cream cheese, red onion, tomato, and capers. 9.95
- Shrimp Oreganata**— Sautéed in extra virgin olive oil with garlic, red onion, tomatoes, lemon, and fragrant oregano. Served with celery and cucumber wedges. 7.95
- Hot Crab Dip**— Rich flavors of fresh crabmeat with hints of Old Bay and sherry wine. Accompanied by celery and cucumber wedges. 9.95
- Spinach and Artichoke Dip**— Topped with cheddar and served with celery and cucumber wedges. 7.95
- Dolmades**— Delicate grape leaves stuffed with rice and ground beef. 5.95
- Fire-Roasted Eggplant Dip**— Served with celery and cucumber wedges. 5.95
- Hummus**— Homemade recipe of Garbanzo beans and Tahini, lightly flavored with garlic and olive oil. Served with celery and cucumber wedges. 5.95
- Roasted Vegetables Balsamico**— zucchini, squash, bell peppers, and onions topped with Feta and Balsamic glaze 4.95
- Tzatziki**— Greek yogurt with cucumber and garlic, with celery and cucumber wedges. 5.95
- Dip Sampler**— Hummus, tzatziki, eggplant dip, and zesty cheese spread served with celery and cucumber wedges. 9.95
- Mediterranean Salad**— Tomato, cucumber, onion, peppers, olives, pepperoncini, imported Feta, seasoned with fragrant oregano and extra virgin olive oil. 5.95
- Falafel**— Ground chickpea and fava bean cakes seasoned with herbs and tahini. Served with Tzatziki 6.95
- Grilled Rack of Lamb Chops**— Served with tzatziki. 13.95
- Buffalo Wings**— Original \* Old Bay \* BBQ \* Naked \* Cajun \* Thai Chili \* Lemon Pepper 9.95
- Olive Medley**— A mix of Mediterranean olives seasoned with olive oil and oregano 3.95
- Zesty Cheese Spread**— Feta and Goat cheese blended with olive oil, garlic, scallions and Mediterranean herbs. Served with celery and cucumber wedges. 5.95
- Greek Butter Beans** - Baked "Gigantes" in light tomato sauce with fragrant herbs. Served warm and topped with crumbled feta. 4.95
- Greek Style Feta Cubes**— Drizzled with olive oil and oregano 3.95
- Steamed Shrimp**— with sweet onions and Old Bay. Served with cocktail sauce 10.95
- Prince Edward Island Mussels**—sautéed in a classic butter garlic sauce. 10.95

## Signature Salads

- Aegean Shrimp Salad**— Mesclun greens topped with marinated artichokes, roasted peppers, pepperoncini, tomato, olives, almonds, and Jumbo Grilled Shrimp. Served with House vinaigrette. 17.95
- Italian Steak Salad**— Mesclun greens, tomatoes, cucumbers, onions, roasted peppers, artichokes, pepperoncinis and parmesan cheese, topped with Grilled Flat Iron Steak. Served with our Balsamic Vinaigrette. 16.95
- Ahi Tuna Nicoise Salad**—Romaine, mesclun greens, tomato, artichokes, hard-boiled egg, olives, red onion, roasted peppers. Served with House Vinaigrette 16.95
- MD-Style Crab Cobb Salad**—Romaine and mesclun greens, Jumbo Lump Crab Meat, tomatoes, avocado hard-boiled egg, bacon bits, blue cheese crumbles. Served with Old Bay Ranch 18.95
- Grilled Chicken over Apple & Goat Cheese Salad**—Mesclun, apple, goat cheese, almonds, cranberries, raisins and served with pear vinaigrette dressing. 14.95

## Salads

**Caesar Salad** Side 4.95 / Entrée 8.95

Romaine lettuce, shredded Parmigiano, and homemade dressing

**Greek Salad** Side 4.95 / Entrée 8.95

Lettuce, tomato, cucumber, onions, bell peppers, olives, pepperoncini, feta and House Vinaigrette

**Spinach Salad** Side 4.95 / Entrée 8.95

Baby spinach, tomato, cucumber, roasted peppers, red onion, croutons, hard boiled egg, Cheddar Jack cheese, bacon bits. Served with Ranch dressing

**Summer Salad** Side 4.95 / Entrée 8.95

Greens, cranberries, walnuts, blue cheese crumbles, mandarin oranges, Raspberry Vinaigrette

**Fall Harvest Salad** Side 4.95 / Entrée 8.95

Greens, parmesan, pear, raisins, almonds, Pear Vinaigrette

**Mediterranean Salad** Side 4.95 / Entrée 8.95

Tomato, cucumber, onion, peppers, olives, pepperoncini, and Feta cubes seasoned with fragrant oregano and extra virgin olive oil.

### Great Add-ons to any Salad

Grilled, or Blackened Chicken 5.00 Grilled or Blackened Tilapia 6.00

Grilled or Blackened Flat Iron Steak or Atlantic Salmon or Mahi - Mahi or Red Snapper 8.00

Grilled or Blackened Shrimp 11.00 Seared Ahi Tuna 10.00 Jumbo Lump Crab Meat 13.00

## Entrees

**Shrimp Santorini** 20.95

Jumbo prawns sautéed in olive oil with tomatoes, onions, capers, olives, garlic, and crumbled Feta. Served over Rice.

Served with two side orders

Grilled Rack of Lamb Chops - 29.95

Chicken Souvlakia (Kabobs) - Served with Tzatziki 14.95

BBQ Ribs - meaty St. Louis Ribs basted with Sweet Baby Ray's sauce. 17.95

"The Grill Specialty" Boneless Pork chops \*Classic Grilled \* Blackened \* 14.95

\* Italiano (peppers, mushrooms, onions, with marinara)\* 16.95

USDA "Choice" Flat Iron Steak -Classic Grilled 18.95

\*Black 'n' Bleu (seared with Cajun spices and topped with melted Bleu cheese) 20.95

Aegean Red Snapper Fillet—Pan seared and finished with capers, olives and roasted red peppers sautéed with lemon garlic and oregano. 19.95

Grilled Whole Bronzini— Mediterranean Sea Bass. 25.95

Grilled Shrimp Kabobs—Jumbo Shrimp marinated in olive oil, lemon, and fragrant spices and grilled to perfection. Served with two sides 23.95

Mahi-Mahi — Broiled or Blackened. 19.95

Atlantic Salmon— Broiled or Blackened. 19.95

## Sides

Rice Pilaf Broccoli Roasted Vegetables "Balsamico" French Fries

Oven-Roasted Potatoes Stewed Green Beans Lima Beans "Gigantes"

18% Gratuity will be added to all parties of 6 or more people.

The consumption of raw or undercooked products may increase your risk for food borne illness.

As always we are 100% Trans Fat Free

