



CATERING MENU



7 W Chesapeake Ave, Towson, MD 21204

Phone: (410) 337 9378 Fax: (410) 321 9378

info@7westbistro.com

www.7westbistro.com

APPETIZERS



Falafel Balls
\$1.75 per piece (1.5 oz)



Hummus
\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)



Roasted Eggplant Dip
\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)



Potato Fritters
\$1.50 per piece



Zesty Cheese Spread
\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)



Tzatziki
\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)



Mozzarella Sticks
\$1.25 per piece



Spanakopita
\$2.95 per piece



Meatballs (1/2 oz)
Greek Style (mint & garlic)
Italian Style (marinara)
\$0.50 per piece



Crab Dip
39.00 per tray (up to 10 servings)



Crab Balls (2 oz)
\$3.75 per piece



Coconut Shrimp
\$1.25 per piece



Panko Breaded Shrimp
\$1.25 per piece



Southwest Egg Rolls
\$1.75 per piece



Dolmades
\$0.75 per piece



Wings
Original Buffalo, Old Bay,
BBQ, Honey Old Bay
Naked, Sesame Teriyaki
Lemon Pepper, Thai Chili &
Caribbean Jerk
\$1.00 per piece



Chicken Tenders
\$1.95 per piece

Soups & Salads

Small Salads—10 to 15 servings / Large Salads—20 to 25 servings



Maryland Crab Soup

\$11.95 per Quart
\$47.99 per Gallon



Cream of Crab Soup

\$11.95 per Quart
\$47.99 per Gallon



Soup of the Day

Price Varies
Ask for seasonal availability



Apple & Goat Cheese Salad

\$29.95 Small / \$45.95 Large
Mesclun, apples, goat cheese, almonds, raisins, cranberries, & pear vinaigrette



Greek Salad

\$29.95 Small / \$45.95 Large
Lettuce, tomato, cucumber, onion, pepperoncini, feta, olives & house vinaigrette



Caesar Salad

\$29.95 Small / \$45.95 Large
Romaine lettuce, garlic-kissed croutons, shredded Parmigiano, & homemade dressing



Mediterranean Salad

\$29.95 Small / \$45.95 Large
Tomato, cucumber, onion, pepperoncini, peppers, feta, olives tossed in extra virgin olive oil



Summer Salad

\$29.95 Small / \$45.95 Large
Mesclun, walnuts, mandarins, cranberries, blue cheese & raspberry vinaigrette



Fall Harvest Salad

\$29.95 Small / \$45.95 Large
Mesclun, parmesan cheese, pears, raisins, almonds & pear vinaigrette



Italian Garden Salad

\$29.95 Small / \$45.95 Large
Mesclun, tomato, onion, artichokes, olives, pepperoncini, roasted peppers & parmesan cheese



Caprese Salad

\$29.95 Small / \$49.95 Large
Tomato, fresh mozzarella, basil & balsamic vinaigrette



Cobb Salad

\$29.95 Small / \$49.95 Large
Romaine, Mesclun, tomato, onion, bleu cheese, bacon, egg, avocado, roasted peppers & ranch dressing



Pasta Salad

\$24.95 Small / \$45.95 Large
Penne pasta, tomatoes, onions, olives, pepperoncini, roasted peppers, corn, artichokes with either Creamy or Basil Pesto dressing

Sandwiches



Traditional Gyro

\$8.00 each

Toasted pita stuffed with tzatziki, tomato, onion, sliced slow grilled lamb & Feta cheese



Chicken Gyro

\$8.00 each

Toasted pita stuffed with tzatziki, tomato, onion, marinated grilled chicken & Feta cheese



Falafel Gyro

\$8.00 each

Toasted pita stuffed with tzatziki, tomato, onion, falafel patty & Feta cheese



Chicken Breast

\$8.00 Grilled, Blackened or Fried



Grilled Chicken "Caprese"

\$9.00 each

Fresh mozzarella, roasted peppers, mesclun greens, tomato, red onions and balsamic vinaigrette



Turkey Breast "Supreme"

\$8.00 each

Sun-dried tomato aioli, cheddar cheese, bacon, mesclun greens, tomato, onions



Tuna Salad

\$7.50 each



Crab Cake

\$17.00 each (8oz)



Shrimp Salad

\$10.00 each

WRAPS



Veggie

\$6.50 each

Broccoli, lettuce, tomato, onion, roasted peppers, corn, parmesan cheese, basil pesto



"California" Turkey

\$8.00 each

Wrapped with avocado, bacon, shredded Cheddar Jack, mesclun greens, tomato, onion & Southwest Ranch



Summer (Vegetarian)

\$6.50 each

Mixed greens, walnuts, cranberries, mandarins and bleu cheese with a Raspberry Vinaigrette dressing.



Chicken Caesar

\$7.50 each



Tuna Salad

\$7.50 each



Shrimp Salad

\$10.00 each

Entrees

Half Tray—8 to 10 servings / Full Tray—20 to 25 servings



Grilled Lamb Chops

\$4.50 per piece

Marinated rack of lamb chops grilled to perfection



Chicken Souvlakia

\$4.00 per piece

Marinated Chicken souvlakia grilled on skewers.



BBQ Ribs

\$16.00 per rack



Crab Cake

Petite \$13.00 each (6oz)

Regular \$17.00 each (8oz)

Our famous Maryland Crab Cakes, broiled to perfection and dusted with Old Bay seasoning.



Grilled Whole Bronzini

\$23.00 per fish

Mediterranean Sea Bass

Finished with Extra Virgin Olive Oil, lemon, capers and oregano



Atlantic Salmon

Grilled or Blackened

\$8.00 per piece



Mahi-Mahi

Grilled or Blackened

\$8.00 per piece



Mediterranean Tilapia

\$6.00 per piece

Topped with red onion, tomatoes, capers, olives, olive oil, lemon & oregano



Aegean Red Snapper

Grilled or Blackened

\$8.00 per piece

Ran seared and finished with capers, olives, roasted peppers, lemon, garlic & oregano



Mediterranean Red Snapper

\$8.50 per piece

Topped with red onion, tomatoes, capers, olives, olive oil, lemon & oregano



Fried Cod

\$3.50 per piece

Our delicate cod, breaded & fried to perfection



Shrimp Santorini

Penne or Rice

\$70.00 Half Tray / \$165.00 Full Tray
Jumbo prawns sautéed in olive oil with tomatoes, onions, capers, olives, garlic, and crumbled Feta



Penne Primavera

\$35.00 Half Tray / \$80.00 Full Tray
Penne tossed with seasonal veggies, sautéed in a creamy rose sauce.

Penne Primavera with Chicken

\$45 Half Tray / \$110 Full Tray



Chicken Broccolini

\$45.00 Half Tray / \$110.00 Full Tray

Chicken breast and broccolini spears sautéed in olive oil, garlic, herbs & parmigiano.

Tossed with penne pasta



Chicken Marsala

\$45.00 Half Tray / \$110.00 Full Tray

Boneless breast sautéed in butter with mushrooms, finished with a Marsala—infused demi-glace.

Tosses with penne pasta.

ENTREES

Half Tray—8 to 10 servings / Full Tray—20 to 25 servings



Chicken Parmigiana

\$45.00 Half Tray / \$110.00 Full Tray
Lightly breaded fried chicken breast, baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



Eggplant Parmigiana

\$45.00 Half Tray / \$110.00 Full Tray
Lightly breaded fried slices of eggplant, baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



Baked Ziti

\$30.00 Half Tray / \$70.00 Full Tray
\$35.00 Half Tray / \$85.00 Full Tray - with Meatballs
Penne pasta tossed with parmesan & marinara, and baked with mozzarella & provolone.

PLATTERS

Small tray—15 to 20 servings / Large tray—25 to 35 servings



Mediterranean Delight Platter

\$39.95 Small / \$69.95 Large

Feta cheese, kalamata and green olives, roasted peppers, pepperonchini, and grilled pita seasoned with oregano & olive oil



Veggie Platter

\$34.95 Small / \$55.95 Large

Our vegetable platter is made with seasonal fresh vegetables. Arrangements can be made based on your preference. Served with Ranch dipping sauce



Cheese Platter

\$45.95 Small / \$69.95 Large

Variety of cheeses (Cheddar, Provolone & Swiss) with grapes, crackers & spicy mustard dip



Fresh Fruit Platter

\$34.95 Small / \$55.95 Large

Our fruit platter is made with seasonal fresh fruit. Arrangements can be made based on your preferences.

Sides

Half Tray—8 to 10 servings / Full Tray—20 to 25 servings



Oven—Roasted Potatoes

\$19.95 Half Tray / \$44.95 Full Tray



Grilled Broccoli

\$19.95 Half Tray / \$44.95 Full Tray
Our grilled broccoli spears, finished with a touch of Extra Virgin Olive Oil & Lemon steamed broccoli



Rice Pilaf

\$19.95 Half Tray / \$44.95 Full Tray



Stewed Green Beans

\$19.95 Half Tray / \$44.95 Full Tray



Home Style Fried Potatoes

\$25.95 Half Tray / \$49.95 Full Tray



Red Delicious Apples

\$1.25 per apple

DESSERTS



Homemade Baklava
\$1.95 per triangle



Homemade Tiramisu
1 Tray / 15 pieces \$49.00

DRESSINGS

Homemade Dressings—\$4.95 per pint / \$9.95 per quart



“Greek” House Vinaigrette



Raspberry Vinaigrette



Pear Vinaigrette



Ranch



Caesar



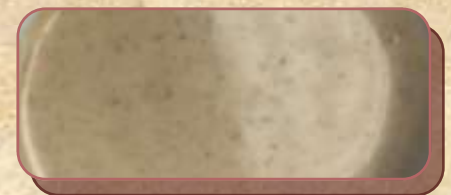
Blue Cheese



Honey Mustard



Balsamic Vinaigrette



Old Bay Ranch

Contacts & Location



Contact Us

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Ways to order:

- Minimum for delivery order - \$150 before taxes.
- Catering orders are fulfilled with a 24 to 48 hours advanced notice.
- For urgent orders contact the General Manager directly and he will try to possibly accommodate your order.
- 10% Gratuity will be added to the order total.
- Catering Orders are only finalized after we receive a Credit Card confirmation for order/deposit.
- Payment methods we accept include cash, credit cards, company or personal checks, or a cashier's check

• Delivery charges apply based on distance:

Option 1. Customer Pick-up - FREE.(No minimum order)

– 5% service gratuity is added for Catering pick up orders over 100.00 dollars.

Option 2. Towson (21204 and 21286) - \$3.00.

Option 3. Up to 20 miles - \$3.00 + \$0.90 per mile.

Option 4. Over 20 miles - speak to the General Manager.

7 West Bistro Grille delivers to destinations further than 20 miles at manager's discretions.

- Fee for plastic-ware/containers may apply, based on the order quantity.

⇒ Mileage calculated from 7 W Chesapeake Ave, Towson, MD 21204 to the destination, using Google maps.

1. Order by phone +1 410-337-9378

- Ask for Boyko Tachkov, General Manager, and place your order with him, or by e-mailing a list of all items in your catering order, after speaking with him.
- If Boyko is not available, leave your request with the manager on duty to be passed on to the General Manager.

2. In person at the restaurant

- Speak to the General Manager, if available at the time
- If he is not available, leave your order to the manager on duty or the bartender, to be passed along to him/her.

• Upon request, changes can be made to our recipes in order to accommodate our customer's needs. Some additions may result in a higher cost; and no price changes will occur upon removal of any ingredients.

• Please provide 24 hours notice if you must cancel your order. 7 West Bistro Grille will try to cooperate with any changes or cancellations if possible. However, because our products are fresh and perishable, cancellations within 24 hours notice may incur a full charge.

⇒ Prices may change with time, 7 West Bistro Grille is not responsible for possible print errors. For the most current information, please visit our website www.7westbistro.com